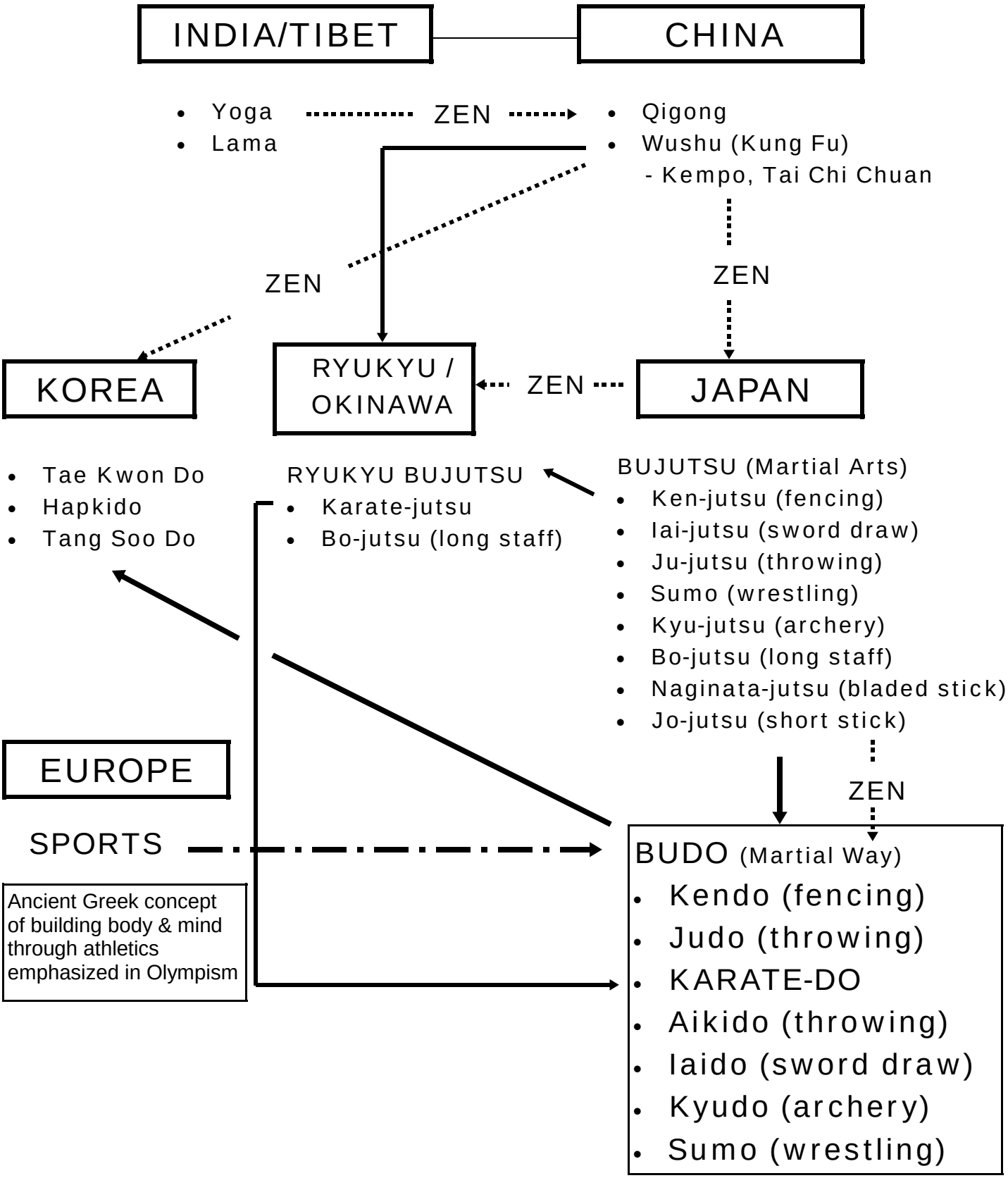MAJOR ASIAN MARTIAL ARTS